

Black History Month 2010

"BLACK HEALING and the ARTS"

Mon. Feb. 8 The Art of Healing Workshops Part I- H-117/118 (10:00-12:30 p.m.)

10-11:00 a.m. With Henry Cheng, a fifth generation master of Tai Chi and Qi Gong healing, and founder of the Tai Chi Wellness Center.

11-12:30 p.m. "The Best Health Practices: Connecting Modern Medical Practices and Traditional Holistic Healing" with Dr. Carrolle-Jean Murat, MD, award winning author of Mind, Body, Soul and Money and founder of Angels for Haiti Project.

Wed. Feb. 17 The Art Healing and Color Therapy – H-117/118 (11-12:30 p.m.)

A demonstrative workshop with Jason "Chorboogie" Hailey, a internationally recognized artist who uses portraits of color therapy to heal our perceptions and understanding of the world.

Wed. Feb. 17 Elevated...A Spoken Word Writers and Performers Workshop H-117/118 (1-4:00 p.m.)

Come experience Spoken Word with "Collective Purpose" Elevated! A creative arts experience that features nationally, internationally, and locally renowned poets, Kendrick Dial, Rudy Francisco and others. Come to listen, express, and get ELEVATED!

Wed. Feb. 17 All That Jazz G-101 (6-9:00 p.m.)

Ms. Ta.m.ara Paige, Director of Music at San Diego School of Performing Arts and five-time winner of the Heritage Musical Festival, will mesmerize your mind and soul with members of her Jazz Combo.

Mon. Feb. 22 The Art of Healing Workshops Part II H-117/118 (9:30-12:30 p.m.)

9:30-10:30 p.m. Robert Leak, OBT HHP, founder of Body and Energy Transformation will demonstrate body and energy transformation and his specialty, therapeutic massage for injuries.

11-12:30 p.m. Juanita Ayson, L.Ac., founder of Spirit of Healing and renowned practitioner of acupuncture, herbology and expressive art therapy will demonstrate the integration of these three modalities for the healing of your mind, body, and spirit.

Tues. Feb. 23 The Hip Hop Project H-117/118

11-1:00 p.m. This video film screening by Sundance award winning film maker Chris "Divine" Kazi Rolle will be followed by a discussion, Unforgettable!

Black Male/Female Workshop H-117/118 (1:30-4:00 p.m.)

Two separate workshops on Black Manhood and Black Womanhood. Come with your questions, issues and answers.

Wed. Feb. 24 The Hip Hop Project – G-101 (6:30-9:30 p.m.)

This video film screening with award winning film maker Chris "Divine" Kazi Rolle will be followed by a discussion you will never forget!

Thurs. Feb. 25 Love, Sex and Relationships – G-101 (3-6:00 p.m.)

A workshop on sexuality and Black culture by award-winning filmmaker Chris "Divine" Kazi Rolle.

Fri. Feb. 26 Love, Sex and Relationships – G-101 (6-9:00 p.m.)

See above. The Feb. 26 showing is a joint community effort . (Donations given will support Black Studies student scholarships at Mesa.)

www.sdmesa.edu/black-studies

Limited seating available so RSVP to reserve your seat!
Contact BLAS Dept at (619) 388-2352 or 388-2753,
tmayasa@sdccd.edu or slewis@sdccd.edu
Request for disability related accommodations should be made
no later than 10 days prior to the event.



**ROSA PARKS
MEMORIAL PROJECT
Unveiling & Dedication
10 AM Thursday, February 25, 2010**

East gateway entrance to Mesa College at Mesa College Dr.

Mesa
SAN DIEGO MESA COLLEGE